

Values and goals of the liberal health professions Cross-method ethical guidelines for the field of independent
life coaching and health promotion

# 1. aim of the ethics guidelines

The ethics guidelines of the liberal health professions (HP) serve as an orientation and decision-making aid for people who are interested in the services offered by the associations, clubs and organizations involved in the HP.

The ethical guidelines describe the providers' understanding of the profession and define their professional ethical conduct. The ethical guidelines are the basis for the relationship between the

- Course participants/students/clients and the teacher/provider
- Teachers/providers among themselves
- Providers and the public

## 2. contents

#### Legal basis

The members of the associations, clubs and organizations participating in the FG undertake to provide the following information at any time upon request:

- 1. the exact name and address of the provider(s) and their professional qualifications.
- 2. the description of the method or working method used as well as information on its basis
- 3. the duration and, if applicable, the number of events
- 4. the nature of the event (individual or group event, objectives of the event).
- 5. the total price and the individual price per event.
- 6. any accompanying material to be purchased and the amount of the resulting costs.

# Relationship teacher / provider - student / client

The members of the associations, clubs and organizations involved in the FG are aware of their responsibility towards their students / participants / clients and undertake to

- 1. to honor and respect the dignity, freedom of choice, personal responsibility and personality of the students / participants / clients;
- 2. to treat all persons equally regardless of their gender, ethnic origin or nationality;
- 3. to refrain from all techniques aimed at manipulatively influencing the will of others;
- 4. to refrain from any kind of material, psychological or social exploitation;
- 5. to treat knowledge about the students / participants / clients confidentially and not to pass it on to third parties;
- 6. to be tolerant towards other views of life and the world, political or religious convictions.

## **Activities and self-image**

The members of the associations, clubs and organizations participating in the FG are aware of their responsibility towards their profession and their working methods and are committed to,

- 1. to undergo further training and ensure their further development;
- 2. only use and offer strategies and methods in which they have acquired competence and/or professional qualifications;
- 3. to respect other methods and approaches and to treat their colleagues with respect and fairness;
- 4. to promote and maintain the freedom, personal responsibility and health of the individual;
- 5. to focus on non-violence.

The members of the associations, clubs and organizations involved in the FG distance themselves from all totalitarian, authoritarian and other tendencies that threaten or violate the freedom of development or human dignity.

They share a holistic view.

This version approved and adopted by the FG General Assembly on 07.07.2002 in Frankfurt

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