

Coasters & Cushions for Singing Bowls

A suitable coaster is crucial for the singing bowl to produce a beautiful, clear sound. The size, texture and use of the bowl (sound meditation, bodywork, etc.) determine the choice.



Felt Coasters: made from 100% wool felt, stable base, produce a clear tone when singing bowls is struck, suitable for small to XL singing bowls, Ø 8 cm - 55 cm



Singing Bowl Cushions: cover and filling made of 100% cotton, produce a rather soft sound when singing bowl is struck, suitable for small to large singing bowls, Ø 12 cm - 20 cm

Satin Cushions: produce a rather soft sound when singing bowls is struck, special look, Ø 7 cm - 40 cm



Felt Rings: firmly padded rings that keep the singing bowl stable and centred and support the vibrations, barely visible when in use, Ø 8 cm - 16 cm

Rubber Rings: secure footing, even when rubbing a singing bowl, not visible when in use, Ø 3 cm - 10 cm



Foam Rubber Coasters: transmit vibrations, can be used in difficult places, Ø 10 cm - 18 cm

Anti-Slip Mat: e.g. made of PVC, can be cut to size, prevents slipping on the body

photos + products:
Hess Sound GmbH & Co. KG
www.hess-sound.de/en

*„Mindfulness for things is
where respect for the task lies.”*

unknown



One Minute Wonder - 19

www.fachverband-klang.de/en



SOURCE:

Catalog - Hess Sound – **Mind, Body & Soul**, 2025

Catalog - Hess Sound, 2024

Book: **Singing Bowls – My practical companion**, Peter Hess, Verlag Peter Hess, 2018

Book (in German): **Klangschalen spielen, verstehen, einsetzen**, Michael Reimann, Schirner Verlag, 12. Auflage März 2022

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NOTE:

The OMW are a joint project of the group 'Klang ohne Grenzen' (KOG) and the International Association of Sound Massage Therapy.

We are part of the OMW network (in German):
<https://omw.hdz-nrw.de/omw-netzwerk.html>

