

# A GLOBAL SOUND WAVE - Timetable

Start 10 am until approx. 10 pm (Central European Time)

Livestream on the YouTube channel: Klang.tv



*The following times can still change, so it's best to check shortly before!*

## PROGRAMM

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|-----------------------------|---|
| <b>10.00</b>                | <b>Welcome to the GLOBAL SOUND WAVE - Come together around the world!</b> Congratulations, dear Peter! Start of the Global Sound Wave with the sounds of the temple bell from Bhaktapur/NEPAL by Sangita Hess · E-Mail: <a href="mailto:info@nepal-importe.eu">info@nepal-importe.eu</a> · <b>Sound meditation</b> with Vera Felsing · <a href="http://www.vera-im-einklang.de">www.vera-im-einklang.de</a> |
| <b>10:40</b>                | <b>Birthday greetings from SPAIN</b> · Sound journey to Bhutan by Christine Heckel · <a href="http://www.christineheckel.com">www.christineheckel.com</a>   |
| <b>11:10</b>                | <b>Birthday greetings and insights into sound work from AUSTRALIA</b> · Sound impressions from Australia with beautiful pictures of the South West Coast – South West – Margaret River by Ute Coleman · <a href="http://www.soundrelaxation.com.au">www.soundrelaxation.com.au</a>  |
| <b>11.40</b>                | <b>Birthday greetings and review of 20 years of sound massage in PORTUGAL</b> by Ingrid and Carla Ortelbach · <a href="http://www.peter-hess-academy.com.pt">www.peter-hess-academy.com.pt</a>  |
| <b>12:30</b>                | <b>Birthday greetings and sonorous insights into the variety of applications of sound methods in FINLAND</b> by Anne Matero · <a href="http://www.medi-sound.fi">www.medi-sound.fi</a>  |
| <b>12:45</b>                | <b>Sonorous greetings from the NETHERLANDS/BELGIUM</b> by Sylvia Zijlstra · <a href="http://www.klankpraktijk.nl">www.klankpraktijk.nl</a>  |
| <b>13:15</b>                | <b>Sound greetings from SWEDEN</b> with a guided sound meditation: Vid Floden (By the River - in Swedish) by Iris Krüger · <a href="http://www.vitaraeda.com">www.vitaraeda.com</a>   |
| <b>13:45</b>                | <b>Greetings and sound impressions from CROATIA</b> by Mirjana Maksimovic and Silvana Leskovar<br>E-Mail: <a href="mailto:info@premavama.com">info@premavama.com</a>  |
| <b>14:00</b>                | <b>Birthday greetings &amp; sound impressions from GERMANY</b> by the Peter Hess® Institute - represented by the Klang-initiative BerlinBrandenburg, the Region East, the Region North, the Klanggruppe Südbayern, the Region Hess and the Region NRW · <a href="http://www.peter-hess-institut.de">www.peter-hess-institut.de</a>  |
| <b>15:00</b>                | <b>EARTH SOUND – Sounds for „Mother Earth“</b><br>We all play our singing bowls for „Mother Earth“ - Join in too! Peter Hess tells of a sound experience in the desert. Instruction of the Earth Sound by Emily Hess · <a href="http://www.emilyhess.eu">www.emilyhess.eu</a>   |
| <b>15:40</b>                | <b>Birthday greetings and sound impressions from GREECE &amp; joint mantra singing</b><br>led by Anna Avramidou · by Anna und Niko Avramidis · <a href="http://www.ixomasaz-therapeia.com">www.ixomasaz-therapeia.com</a>   |
| <b>16:00</b>                | <b>Birthday greetings and sound impressions from SLOWAKAI</b> by Gabi Obdržalkova · <a href="mailto:gabiobdrzalkova@gmail.com">gabiobdrzalkova@gmail.com</a>  |
| <b>16:30</b>                | <b>Birthday greetings from UK</b> · Sound meditation with singing bowls by Maja Dethloff<br>E-Mail: <a href="mailto:info@peter-hess-academy.uk">info@peter-hess-academy.uk</a>  |
| <b>17:00</b>                | <b>Birthday greetings from SWITZERLAND</b> · Guided, Sounding Fantasy Journey into Provance (in German) by Helen Heule · <a href="http://www.peter-hess-akademie.ch">www.peter-hess-akademie.ch</a>   |
| <b>17:30</b>                | <b>Birthday Greetings &amp; Humorous Sound Impressions from FRANCE/BELGIUM</b><br>by Brigitte Snoeck & the FFPPH · <a href="http://www.peter-hess-academy.be">www.peter-hess-academy.be</a> · <a href="http://www.peter-hess-academy.be/ffpph/">www.peter-hess-academy.be/ffpph/</a>  |
| <b>18:15</b>                | <b>Birthday greetings from the USA</b> · Guided Sound Meditation: Self Loving Kindness (in English) by Gina Armstrong<br><a href="http://www.peter-hess-academy.com">www.peter-hess-academy.com</a> · <a href="http://www.peterhessacademymidwest.com">www.peterhessacademymidwest.com</a>  |
| <b>18:50</b>                | <b>Sound Insights on 10 Years of sound massage in BRAZIL</b> (in German/Brazilian)<br>by Regina Santos & Ursula Danneman · <a href="http://www.academiapeterhess.com.br">www.academiapeterhess.com.br</a>   |
| <b>19:15</b>                | <b>Birthday greetings from CANADA</b> Guided Sound Meditation (in English) by Dr. Clair Kao Hsien-ju<br><a href="http://www.kaoclaire.com">www.kaoclaire.com</a> · Sound meditation by Holger Decker · <a href="http://www.shiatsu-vs.de">www.shiatsu-vs.de</a>   |
| <b>19:45</b>                | <b>Birthday greetings and sound impressions from HUNGARY</b> by Zsuzsanna Radnai · <a href="http://www.hangmasszazs.hu">www.hangmasszazs.hu</a>   |
| <b>20:15</b>                | <b>Special birthday song for Peter from TURKEY</b> · Sound meditation with Kanun (Turkish box trembler/psaltery) and singing bowls by Salih Levent Erci and Sirma · <a href="http://www.sirmabelin.com">www.sirmabelin.com</a>  |
| <b>20:45</b>                | <b>Birthday greetings and sound impressions (including cello, singing bowls, gong) from POLAND</b><br>by Margarete Musiol · <a href="http://www.peterhess-akademia.pl">www.peterhess-akademia.pl</a>  |
| <b>21:15</b>                | <b>Birthday greetings from AUSTRIA</b> by Alexander Beutel · Mindfulness Meditation with Sound<br>by Peter Gabis (in German) · <a href="http://www.petergabis.com">www.petergabis.com</a> · <a href="http://www.klangmassage-therapie.at">www.klangmassage-therapie.at</a>  |
| <b>21:45-<br/>ca. 22:00</b> | <b>Common end with Peter Hess</b>   |