Sound Congress – Sound as a Source of Strength Coming Home with sound from 05 to 07 March 2021

at Stadthalle Gersfeld/Rhön

AGENDA

Friday, 05.03.2021

18.00 Dinner
19.30-19.45 Opening sound with Peter Hess
19.45-20.45 Lecture: Cultivating the attentive mind with sound, Peter Gabis
21.00 Sound bath, Peter Hess® Academy Turkey

Saturday, 06.03.2021

7.30-8.30	Emily Hess [®] sound yoga with <i>Janine Gabelmann</i>
9.30-9.45	Morning sound
10.00-10:45	Lecture: Living well with sound, Peter Hess
11.00-11.45	Lecture: Developing potential using complementary methods, <i>Dorothée Remmler-Bellen</i>
12.00-12.30	Lecture: Mediating basis and key skills in day-care centres and elementary school with
	elements of sound paedagogics, Beate van Dülmen and Ulli Krause

12.30-15.00 Lunch & Break

15.00-18.00 7 Workshops for selection (you may attend one workshop):

- Providing basis and key skills in day-care centres and elementary school with elements of sound paedagogics, Ulli
 Krause and Beate van Dülmen
- Strengthening basic trust with sound, Emily Hess
- Sound in operational health management, Helga Montag and Friederike Depping-Schreiber
- Sound for accompaniment in consulting, coaching and therapy, Simone Westholt-Smith
- Sound offers in nursing (inter alia in palliative care) and in case of dementia, Rosi Bleil
- Sound offers for people with disabilities, Peter Filter
- Experiencing playing the gong, Zeljko Vlahovic

18.00-19.30 Dinner & Break

19.30-20.15	News from the PHAs
20.30-21.30	Concert "The Dharma of Love" with Peter Gabis
ab 21.30	Friendly get-together

Sunday, 07.03.2021

7.30-8.30	Emily Hess [®] sound yoga with <i>Janine Gabelmann</i>
9.30-9.45	Morning sound
10 00-12 30	6 Workshops for selection (you may attend one workshop

10.00-12.30 6 Workshops for selection (you may attend one workshop):

- Emily Hess® sound yoga 60+, Emily Hess
- Cultivating the attentive mind with sound, Peter Gabis
- 5 minutes of sound per day, Peter Hess
- Sound offers in Wellness & Spa, Jana Hess
- Sound as an enrichment for course offers, Friederike Depping-Schreiber
- Active as PHI instructor exchange of practice and information, Ulrich Krause

12.45-13.0 Final sound with Peter Hess

13:00 Lunch

14:00 General member meeting of Europäischer Fachverband Klang-Massage-Therapie e.V.

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REGISTRATION for Sound Congress 2021

I hereby bindingly register for the sound congress from 05. to 07.03.2021. I would like to participate in: (mark with a cross where applicable): 220 € / 165 € for FV members □ the entire congress from 05.-07.03.2021: □ on Friday, 05.03. and Saturday, 06.03.2021 180 € / 140 € for FV members 190 € / 145 € for FV members □ on Saturday, 06.03. and Sunday, 07.03.2021 40 € / 30 € for FV members □ on Friday, 05.03.2021: 140 € / 110 € for FV members □ on Saturday, 06.03.2021: □ on Sunday, 07.03.2021: 55 € / 40 € for FV members I am aware of the fact that each participant has to wear full responsibility for herself/himself and her/his actions within and outside the group and shall be liable for any damages caused. The Sound Congress 2021 does not include any medical treatment. Workshop participation: Mark with a cross where applicable I would like to participate in the following workshop on <u>Saturday afternoon</u> (only one possible!): Providing basis and key skills in day-care centres and elementary schools using elements of sound paedagogics, Ulli Krause and Beate van Dülmen ☐ Strengthening basic trust with sound, *Emily Hess* □ Sound in operational health management, Helga Montag and Friederike Depping-Schreiber □ Sound for accompaniment in consulting, coaching and therapy, Simone Westholt-Smith □ Sound offers in nursing (inter alia in palliative care) and in the event of dementia, Rosi Bleil □ Sound offers for people with disabilities, *Peter Filter* ☐ Experiencing playing the gong, *Zeljko Vlahovic* I would like to participate in the following **workshop** on **Sunday morning** (only 1 possible): ☐ Emily Hess[®] sound yoga 60+, *Emily Hess* ☐ Cultivating the attentive mind with sound, *Peter Gabis* □ 5 minutes of sound per day, *Peter Hess* □ Sound offers in Wellness & Spa, Jana Hess □ Sound as an enrichment for course offers, Friederike Depping-Schreiber ☐ Active as PHI instructor – exchange of practice and information, *Ulrich Krause* My data: Name, first name, member number Address Phone, E-Mail Place, date, signature:

□ Vegan

Special catering: ☐ Intolerances:

□ Vegetarian

ORGANIZATIONAL ISSUES on the occasion of Sound Congress 2021

Registration: Friday, 05.03.2021, 03.00-06.00 p.m. foyer of city hall

Beginning: Friday, 05.03.2021, 06:00 p.m. with joint dinner **End:** Sunday, 07.03.2021, 13.00 with joint lunch

Place: Stadthalle (city hall) Gersfeld (near Fulda)

Prerequisite: none

Conference fee: 220 euros / 165 euros for FV members (without costs for accommodation and catering)

Venue:

The Sound Congress will take place at Stadthalle (city hall) Gersfeld, Schlossplatz 9, 36129 Gersfeld (Rhön). A workshop will take place at guest house Pension Weinig, Am Kreuzgarten 4, Gersfeld within a walking distance.

How to find us:

- Arriving by car:
 - · From North/North-West and East: via A7 Kassel-Würzburg until exit Fulda-Süd, B27, B279.
 - Arriving from the South: Via A7 Würzburg-Kassel until exit Bad Brückenau/Wildflecken direction Wildflecken - B279
- Arriving by train or bus:
 - · via ICE-Station Fulda: train connection to Gersfeld, HLB RB 52.
 - via Bad Neustadt/Saale: bus connection to Gersfeld Line 8305
- Taxi call in Gersfeld: +49 (0) 6654-440 or -237

Information on accommodation and catering:

You will find a list showing accommodation opportunities on our website.

The tourist information offices in Gersfeld and Poppenhausen will also be pleased to assist you in finding a room:

> Tourist Info Gersfeld: Tel.: +49 (0) 6654-1780

E-Mail: tourist-info@gersfeld.de · Web: www.gersfeld.de

Tourist Info Poppenhausen: Tel.: +49 (0) 6658-960013

E-Mail: tourismus@poppenhausen-wasserkuppe.de ·Web: www.poppenhausen-wasserkuppe.de

Lunch and dinner will be offered at the restaurant of Stadthalle (city hall) Gersfeld and is obligatory for all participants. The **price is 35 euros per day** (70€ for the entire weekend) and includes lunch and dinner as well as coffee and cake on Saturday. Please book breakfast together with your accommodation. The invoice together with the participation fee will be sent to you via the Association Fachverband.

Information on conference fee, payment and cancellation policy:

The participation fee is to be paid upon receipt of the invoice approx. 4 weeks before the start of the congress. In the event of a SEPA mandate the amount will be debited, please make sure your account is covered.

For cancellations until Friday 04.02.2021 we will charge a cancellation fee of 30 euros. After that date, the full congress fee will be charged if no replacement person can be found. Should the event have to be cancelled due to legal regulations because of the Corona Pandemic, we will of course refund the registration fee. A refund of further costs is not possible.

Please send your registration by Fax, E-Mail or post to:

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