

Peter Hess - the great pioneer of sound work

Who is Peter Hess?

- Founder of the holistic method of Peter Hess® Sound Massage (1984)
- Developer of the Peter Hess® Therapy singing bowls (1989)
- Founder of the Peter Hess® Institute, to which Peter Hess® Academies in 30 countries are affiliated today
- Founder of the International Association of Sound Massage Therapy (1999)
- Founder of the Peter Hess publishing house (2005)
- born in 1941 near Fulda/Germany
- Engineer and vocational school teacher for physical technology and politics
- due to an illness in his family, he became interested in alternative healing methods and discovered singing bowls with their soothing sounds
- today Peter Hess lives with his wife Emily mainly in Ikaria/Greece



There is nothing good unless you do it!

E. Kästner - favorite quote from Peter Hess



One Minute Wonder - 1

www.fachverband-klang.de/en

International
Association of
Sound Massage Therapy

Source:

The development of the Peter Hess® sound methods was and is a valuable joint effort. Original (German): Die Entwicklung der Peter Hess® Klangmethoden war und ist ein wertvolles Gemeinschaftswerk. In: Zeitschrift Klang-Massage-Therapie 13/2018, S. 80 – 85

Together we carry the sounds into the world. Original (German): Gemeinsam tragen wir die Klänge in die Welt. In: Zeitschrift Klang-Massage-Therapie 14/2019, S. 94 – 95
Training script: **Peter Hess® Sound Massage – Sound Massage I.** Peter Hess® Institut, 2022

Peter Hess sound methods in the context of research and science. Original (German): Peter Hess-Klangmethoden im Kontext von Forschung und Wissenschaft. Verlag Peter Hess, 2010 de.m.wikipedia.org 16.02.24

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Note: We are part of the OMW network (in German):
<https://omw.hdz-nrw.de/omw-netzwerk.html>

